The Fort Huachuca Scout

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Inside



Soldier Honored Memorial service held for Pfc. Tristan Slade.



Lean Six Sigma provides products quicker.



Sports All-Army Volleyball Camp opens.

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Students experience day in life of Soldiers

Dear Editor.

For the past 4 months, my students have enjoyed the privilege of supporting our honorable military personnel through a pen-pal project with Army troops serving overseas. The Army was very receptive and cooperated with our request for such. 1st Lt. Andrea Pratt answered my call immediately, visited with our students (with accompanying soldiers) educating them about their soldier's life and challenges, and assisted with the mailing of numerous letters and care pack-

The activity culminated in an on-site demonstration generously coordinated by Lt. Col. Paul English and

1st Lt. Joseph Kachmar. Students and staff thoroughly enjoyed the numerous thoughtful, tireless Army personnel who interacted

"The willingness with which our young people are likely to serve in any war, no matter how justified, shall be directly proportional as to how they perceive the veterans of earlier wars were treated and appreciated by their Nation."

George Washington

enthusiastically and patiently with all of our staff and students. Both Soldiers and students benefited from a brief recess where Soldiers were delightfully delayed either signing autographs with our 4th graders, engaging in kickball with the 5th graders, or accepting a

> football challenge from the 6th graders

While I remain grateful for the media coverage of the event, I am disappointed with the single quote printed in the city paper. It grossly misrepresents our intentions. Our objectives were far

more honorable than improved "test scores." Yes, the students wrote numerous letters using the six traits rubrics of writing with each

and they grew academically. They also garnished a growth in character not offered in our textbooks.

These children remembered their Soldiers in the morning "moment of silence". With invested interest, they researched and viewed the geographical locations of their Soldiers on NASA's Worldwind charting the travels of their Soldiers and letters. They contributed care package items to send to their Soldier. They learned about global terrorism and how our nation's military is fighting to preserve the freedoms we all enjoy. I hope as an educator, that I have given them some life lessons that no text book, nor test ever

will. The above quote from our nation's first president truly sums up our motivation and our high regard for our nation's finest public servants.

Sincerely,

L. Mercedes Rivera 6th grade teacher Willcox Middle School



ՏԸՈՍԷ Որ Մին Տէրնըէ —How will you honor your mother on Mother's Day?



"I will send her a gift; it's

a special kind of lotion

and give her a call that

morning."

Lt. Col. Gregory Harris G-3, U.S. Army Network Enterprise Technolog Command/9th Army Signal Command



Spc. Kristen Jackson Fort Bliss Blood Donor Ce

"I plan on buying my Mom a nice set of earrings or a ring for Mother's Day since I'm not there anymore."



"I'm thinking about convincing my husband to go up to South Dakota to visit my mother-in-law because we don't want her



Communications Security Logistics Activity

"By keeping her lifted up in prayer and loving her always."

The Fort Huachuca Scout.

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Command Staff
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Garrison Commander......Col. Jonathan Hunter
Public Affairs Officer.....Maj. Matthew Garner

The Fort Huachuca Scout®



Photo by Eric Hortin, NETCOM Public Affairs Office

NETCOM/9th ASC Civilian of the Month

Brig. Gen. Carroll Pollett, NETCOM/9th ASC commanding general, presents Sandy Daniels a certificate for her selection as the March Civilian of the Month. Daniels was recognized for her contributions to industrial and contract security, and her work on a variety of committees and workgroups.

New JROTC battalion commander assumes leadership

Buena High School JROTC release

Outgoing JROTC Cadet Lt. Col. Stephanie Dildine, commander, Buena High School Colt Battalion passed command responsibilities to C/1st Lt. Symantha Brott during change of command ceremonies on April 27th at Buena High School.

Brott has been appointed battalion commander for the 2006/07 school year. This is the highest ranking position in the battalion, one which Brott has worked hard to attain.

Brott is an active member of the battalion's Honor Guard and Orienteering Team. She has also been the recipient of two junior varsity letters in Girl's Soccer and participates in the Student 2 Student program which helps introduce new students to Buena. Brott's intentions are to,"... make as many positive changes as I can to improve the battalion to the best of my ability ..." and to, "... continue building on what C/LTC Dildine has accomplished."

New Cadet Battalion Command Sergeant Major announced

The Buena High School JROTC announces the appointment of C/ Master Sgt. Steven Wilson as the new battalion command sergeant

major.

Wilson, a two-year member of the program has been a member of the Orienteering team and the Honor Guard. He was recently inducted into the National Honor Society as a probationary member with an accumulative grade point average of 4.150. He is an Eagle Scout under the Order of the Arrow and has perfect high school attendance.

Wilson has always been dedicated to his community and actively participates in his church. Wilson reports that, "I believe my predecessor has performed well in this position and I plan to uphold this caliber of leadership."

Kudos Corner



April Civilian of the Month

James Bellomy, logistics management specialist, U.S. Army Communications-Electronics Life Cycle Management Command, Communications Security Logistics Activity was selected as the April Garrison Civilian of the Month. Bellomy's dedication is not limited to the workplace. He is active with Boy Scout Troop 444 and serves as liaison with the charter organization, Elks Lodge 2065. Bellomy is also involved with the Coronado School sports program.

Photo by Blaine Grauerholz

UAS graduates first class

Thirty-five Soldiers graduated from the 96U unmanned aerial vehicle course April 27 making them the first-ever graduates of the U.S. Army Aviation Warfighting Center since its April 19 activation. Soldiers with the current MOS of 96U will soon be re-designated as 15 Series aviators. They will be authorized to wear the Army Aviation flight crew wings.

Fort Huachuca is home to the World's largest unmanned aerial systems training center.

Photo by Esau Lolis

Cadet of the quarter results

By C/2nd. Lt. Karen Cook

Each quarter of the school year, the Junior Officers Training Corps names a Cadet of the Quarter. This honor is awarded to the best cadet of each Leadership, Education and Training level.

The Colt Battalion is proud to announce that the Cadets of the Quarter for the third quarter are: LET 1: C/Cpl. Mikael A. Torres, LET 2: C/Sgt 1st Class Casey R. Astrup, second award, LET 3: C/2nd Lt. Symantha S. Brott, LET 4: C/1st Lt. Jonathan Johnson.

LET Level is determined by the number of years cadets have been in the Junior ROTC program. For example, a first-year cadet is considered a LET 1, a second-

year cadet is a LET 2. Each of the five JROTC class periods is referred to as a "company," and the five companies form a battalion.

Cadet leadership in each company nominates their highest performing cadets to compete for the honor of Cadet of the Quarter. Nominated cadets appear before a company board. The winners from this board then proceed to the Battalion Cadet of the Quarter board.

The formal board process includes inspection of the uniform, and interviews with questions in the categories of: currents events; drill and ceremonies; physical training; chain of command and leadership.

Memorial service held for Pfc. Tristan Slade

Story and photo by Michael Collins

A memorial service was held Monday for Pfc. Tristan Slade at Chafee Parade Ground. Slade was 19-years-old and died of unknown causes.

Slade was assigned to Company C, 309th Military Intelligence Battalion at Fort Huachuca while attending the basic 96-B course, a high-demand military occupation that prepares all source intelligence products to support Army combat commanders.

Slade reported feeling ill Friday morning and reported to the Raymond W. Bliss Army Health Clinic. He collapsed, was treated by medical personnel, and was rushed by ambulance to Sierra Vista Regional Health Center, where he was pronounced dead on arrival.

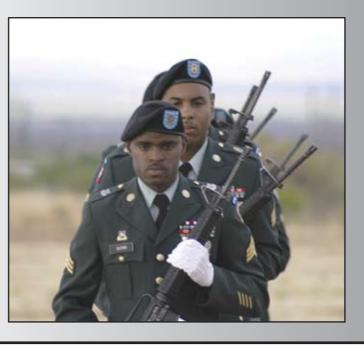
"He was gung-ho about joining the military ever since I first met him, said Sgt. 1st Class Kurczewski, his recruiter from Charlotte N.C. "He had a serious side and a funny side and was always serious when it came to his performance in the Army, even before he joined up.

"Slade was a first-rate student and well respected among his peers," said Capt. Brian Babcock-Lumish, his company commander. "He was always willing to go the extra mile and will be missed by his classmates."

Slade is originally from Charlotte, N.C. and enlisted in the Army shortly after graduating from high school.

The Soldier's body will be returned to his home for burial services. The cause of death is under investigation.

The honor guard retires after firing a three-volly salute at the memorial service held for Pfc. Tristan Slade at Chafee Parade Ground.



Shoplifting down, but not out at Fort Huachuca's PX

AAFES news release

"Everywhere, all the time." That's the motto of the Army & Air Force Exchange Service's Fort Huachuca Loss Prevention team. Thanks to their efforts, shoplifting incidents at the PX in 2005 fell by more than 19 percent

While pleased with the team's ability to prevent the loss of nearly \$2,800 in merchandise last year, AAFES leadership is working to ensure even fewer exchange customers are tempted to steal in 2006.

"Military service members spend years building careers on values such as trust, competency and responsibility, all which can come crashing down with one shoplifting incident," said Fort Huachuca's PX General Manager Pete MacHott. "The damage can be irreparable."

AAFES Loss Prevention associates focus on deterring shoplifting by identifying areas that tend to have high pilferage rates. These areas include electronics, sporting goods and cosmetics. All AAFES exchanges have camera surveillance systems manned by detectives to monitor these areas and try to prevent shoplifting before it occurs. Most also have Electronic Article Surveillance systems tags that alarm when attempts are made to remove unpaid for merchandise from

"No one likes catching shoplifters," said MacHott. "In fact, many of AAFES' Loss Prevention tools are designed to deter shoplifting before it even happens. It's our hope that

individuals who might be considering theft will see the security measures and think twice."

If a customer has passed the opportunity to pay for merchandise, AAFES Loss Prevention associates turn the issue over to military police. In addition to possible disciplinary and/or criminal action, the Federal Claims Collection Act, which began March 1, 2002, allows AAFES to enact a Civil Recovery Program. The flat, administrative cost, applicable to every shoplifting incidence, is \$200 and there may be further fees depending on the condition of the recovered stolen merchandise.

AAFES is a joint command of the

U.S. Army and U.S. Air Force, and is directed by a Board of Directors who is responsible to the Secretaries of the Army and the Air Force through the Service Chiefs of Staff. AAFES has the dual mission of providing authorized patrons with articles of merchandise and services and of generating non-appropriated fund earnings as a supplemental source of funding for military Morale, Welfare and Recreation programs.

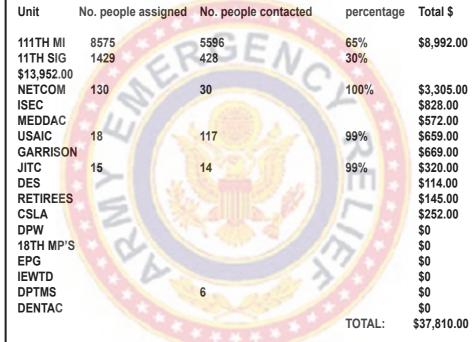
To find out more about AAFES' history and mission or to view recent press releases please visit the Web site at http://www.aafes.com/pa/default.asp.

Hydrology 101 and Fort Huachuca water projects

On May 11, join Tom Runyon, Fort Huachuca hydrologist, from 7-8:30 p.m. in the Mona Bishop Room, Sierra Vista Public Library, 2600 East Tacoma Street, Sierra Vista. Runyon will take the mystery out of hydrology and shares details about the many water conservation projects on Fort Huachuca in layman's terms.

This program is one of the many monthly programs sponsored by the Southeast Arizona Volunteer Education Program. These programs are free and open to the public. For more information, call 378-1563.

2006 AER Campaign Statistics (As of press time)



The Army conducts the Army Emergency Relief Fund Raising Campaign annually during the period of March 1 through May

According to AER, their main purpose is to "help the Army take care of its own."

The charity helps the Army family by providing emergency financial assistance to Soldiers — active and retired, and their dependants — during verifiable unforeseen and urgent matters such as the death of a family member, the need for food rent or utilities, national disaster, an illness, personal needs when pay is delayed or stolen, and emergency repairs for privately owned

AER also awards grants to widows and orphans. They offer a scholarship program for eligible dependents, and interest free

For more information, call Sgt. 1st. Class Jason Sepulveda at 538-7625 or visit the AER web site, http://www.aerhq.org/.

Seventeen Soldiers say "goodbye" to Army life

Scout Staff

Seventeen Soldiers and their family members stood on Chaffe Parade Field during the Installation Retirement Ceremony Friday. U.S. Army Intelligence Center and Fort Huachuca, Chief of Staff, Col. Timothy Quinn presented each of the Soldiers with awards and decorations. Combined, the Soldiers served their country for more than 384 years. The event was hosted by the 111th Military Intelligence Brigade.

Retirees include: Chaplain (Col.) James Norton, Maj. Scott Baier, Chief Warrant Officer Lloyd Howden, Chief Warrant Officer Roman Meduga, Chief Warrant Officer Richard Sontheimer, Sgt. Major Lucinda Rost, 1st Sgt. Randy Caswell, 1st Sgt. Joseph Deardorff, 1st Sgt. Scott Price, 1st Sgt. Thomas Tomes, Master Sgt. Heather Clay, Master Sgt. Patrick Essick, Sgt. 1st Class Larry Cunningham, Sgt. 1st Class Gerald Gatlin, Sgt. 1st Class Tammy Noel, Sgt. 1st Class Charles Willard, and Staff Sgt. William Hughes.



Photo by Thom William

Soldiers retire after 384 years of combined Service.

40-year-old recruit joins ranks



Spc. Brian Esip, 40, performs a pull-up while his battle-buddy Pfc. Christopher Charland, 20, spots him during a break in classes in Prosser Village. Esip is attending the Imagery Analyst course at the U.S. Army Intelligence Center.

Story and photo by **Thom Williams**

Scout Staff

A 40-year-old Reservist who is beginning his first enlistment in the U.S. Army is attending the Imagery Analyst course at the U.S. Army Intelligence Center here.

Spc. Brian Esip, 40, Company A, 305th Military Intelligence Battalion enlisted in the Army when he found out the military had been raised the enlistment age to enlist to 39 years old.

"I feel like I was kind of given a reprieve and I almost missed my chance," said Esip.

He said that he spoke with recruiters several times throughout his life and never quite took the plunge, but the events of

Sept. 11, 2001 were an important motivating factor for him.

In his civilian life, Esip and his wife Tammy are flight attendants. They work the same flights for United Airlines out of Washington, D.C. When the Esips are assigned to international flights, they primarily travel to Europe and South America.

"It's kind of nice to take your best friend with you on a layover," he added. Esip found that one of the toughest obstacles during his basic training at Fort Jackson, S.C. was missing his family.

"My wife and I have been together 24/7 for most of our marriage so this has been a real big switch for us to be apart for a long period of time," he said.

He went on to say that he wasn't in as good a shape as he should have been when he arrived for basic training, but the

drill sergeants quickly solved that deficiency.

When Esip enlisted, he said he intended to fly under the radar and not stick out, but it's been totally impossible. "I was trying to walk a fine line because I was trying not to be any different than anybody else, but I am and stand out a little bit because of my age," Esip added. "I was quickly given nicknames like 'Old Man' and 'Grandpa' which I didn't mind. It was kind of an endearing thing."

Esip describes the courses at the Intelligence Center as very challenging, demanding and stressful.

"If you are unsuccessful in any particular section of the courses, they'll put you back and give you another crack at it, but that's it," he said. "We've heard that it's one of the most demanding and challenging academic course the Army

Esip is no stranger to the Army having grownup in Europe with parents who were teachers for the Department of **Defense Dependent Schools** system in Germany and Italy. "They both went over for a one-year stint and 18 years later were still there," said the Soldier who was born in Berlin, Germany and holds a bachelor's degree in business management from Southeastern Massachusetts University.

Once he completes training at Fort Huachuca, Esip will be assigned to a U.S. Army Reserve unit at Fort Meade, Md..

Esip say he's looking forward to working with his unit and having the opportunity to deploy to Southwest Asia.

"I feel a great sense of pride and loyalty for those who are serving right now and for me to back them up and be a part of their mission is something I hope that I'm able to do," Esip added.

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Photo by Thom Willian

Spc. Antwone Wilson, William Beaumont Army Medical Center, Fort Bliss, Texas, checks the vital signs of Lorie Poindexter prior to her giving blood during the Post blood drive April 26 at Murr Community Center. According to the Armed Services Blood Program Web site, in addition to providing blood to those in need in combat situations, the program also supports the peacetime requirements of military personnel and their families. The Fort's next blood drive is scheduled to take place from 2 to 8 p.m. on May 30-31 at Eifler Physical Fitness Center.

Marrow donor drive to help give the gift of life

By Grant Nulle

Media Relations Specialist

Active duty and retired service members, Department of the Army civilians and their families can give the gift of life at a marrow donor registration drive from 9 a.m. to 3 p.m. May 18-19 at the Murr Recreation Center.

The U.S. Army Information Systems Engineering Command here is spearheading the registration drive with the C.W. "Bill" Young/Department of Defense Marrow Donor Center in Maryland.

The goal of the event is to help Ray Hart, a USAISEC

employee and 11-year Army veteran, who was diagnosed in November with Myelodysplastic Syndrome, a blood cancer treatable only with a bone marrow transplant. More than 500 children and adults in the Department of Defense are diagnosed each year with leukemia, Aplastic Anemia or any of the more than 60 blood diseases.

The first step to helping find Hart and others in the DoD a potential match is to attend the registration drive and provide an oral swab after completing a simple registration form. The sample is sent to Maryland for analysis and added to the National Marrow Donor Registry.

If identified as a preliminary match, the donor is contacted for additional testing.

Potential volunteers must be 18 to 60 years old and in good general health. Registration is free and takes about 15 minutes.

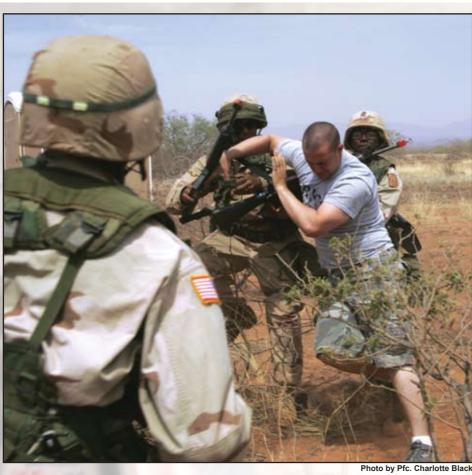
For more information on the registration drive, please contact Shaundra McLemore at (520) 538-1008 or Shaundra. L.McLemore@us.army.mil. To learn more about the C.W. "Bill" Young/DoD Marrow Program call 1-800-627-7693 or visit www.dodmarrow.com.

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May 4, 2006

11th Signal trains during mission-ready exercise



11th Signal Brigade Reports

More than 850 11th Signal Brigade "Thunderbirds" participated in the brigade Field Training Exercise Huachuca Thunder '06 from April 17 through Friday. Signal Soldiers set up equipment in several locations throughout southern New Mexico and Arizona.

Twenty two observer controllers and 32 oppositional forces from the 111th Military Intelligence Brigade, 228th Signal Brigade, and 392nd Signal Battalion supported the mission to: "deploy, install, operate, maintain and

protect command, control, communications, and computing information systems in a high intensity realistic tactical environment."

Soldiers rolled out on April 17 and were tested on their ability to react to improvised explosive devices, enemy attacks, and convoy procedures as soon as they left their motorpools. Over the course of the 11-day event, Soldiers set up and operated long distance communications equipment while following force protection procedures. They also completed riot control training.

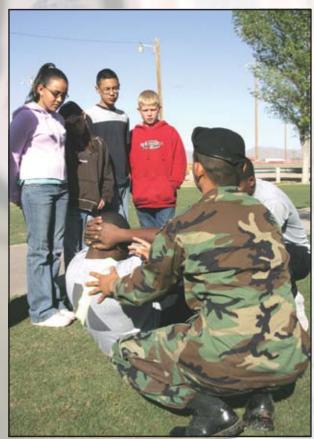
Throughout the FTX, Soldiers drove more than 55,000 miles, con-

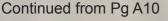
Continued on Pg A11

Left: A "detainee" attempts to evade his captors during a training session that was part of the FTX.

Below: Rioting civilians are kept a safe distance from equipment and personnel on the perimeter at site North Gate during a protest.







sumed more than 41,000 gallons of fuel, served and consumed more than 28,000 tactical meals, and fired more than 52,000 rounds of ammunition.

"The Thunderbirds successfully completed their mission-ready exercise on Friday and are currently resetting for their next call to action," said 1st Lt. Andrea Pratt, 11th Signal Bde. public affairs officer.



Left: Signal Soldiers made a side trip to Willcox Middle School during the field exercise to visit with children who've been corresponding with deployed Soldiers since January.

Above: Soldiers of Company A, 86th Signal Battalion scan their side of the perimeter from a lookout point on top of their vehicle. In the front, a 16-foot satellite dish, in the rear, are two tropospheric satellite "Mickey Mouse ear" antennae.

Range Closures

Thursday – AB, AC, AD, AF, AG, AH, AI, AK, AL, AN, AP, AR, AU, AW, AY, T1, T1A, T2

Friday – AB, AC, AD, AF, AG, AH, AI, AK, AL, AN, AP, AR, AU,

Saturday – AA, AG, AH, AI, AK, AL, AM, AN, AR, AU, AW, T1,T1A, T2

Sunday – AA, AG, AH, AI, AK, AL, AM, AN, AR, AU, AW, T1, T2A, T2

Monday – AA, AG, AH, AI, AK, AL, AM, AN, AR, AU, AW, T1,

Tuesday – AA, AB, AC, AD, AG, AH, AI, AK, AL, AM, AN, AR, AW, T1, T1A, T2

Wednesday - AA, AC, AD, AG, AH, AI, AK, AL, AM, AN, AR, AW, T1, T1A, T2

Contact Range Control at 533-7095. Closures are subject to change.

Leave donations sought

The following Department of the Army civilians on Fort Huachuca are currently on the Leave Donor

Program and need leave donations:

Joseph Barnhardt **HQ USAISEC WCPOC** Lisa Craddock Lorenza Buller-Duran WCPOC Annette Hamilton **MEDDAC** Pamela Hastings ACA/ITEC-4 **NETCOM** Kenyetta Johnson Vincent Mitchell **MEDDAC** 305th MI Bn Patricia Paiz Mary Rodriquez **CSLA** ITEC4-W Ruben Romero Roberta Brown-Thurman NETCOM

For additional information regarding the Leave Donor Program or on how to donate annual leave, contact Schenando Nason, Civilian Personnel Action Center at 533-5273.

Safety Stand Down Day happens May 11

Fort Huachuca will conduct a Safety Stand Down Day on May 11 to coincide with the start of the summer recreational season and upcoming major holiday weekend. In addition to events planned at unit level, everyone is invited to attend the SSDD Exposition which will be held from 8 a.m. to 4 p.m. in the Murr Community Center.

Unit sponsorship training

Good sponsorship is an important factor in the quality of life of the inbound Soldier and family members.

Let Army Community Service assist your unit in training effective sponsors. Sponsorship training will be held 2:30 p.m., Tuesday; and 1:30 p.m., May 18 at the ACS Building 50010.

Please register by calling ACS at 533-2330.

Construction on Old Post underway

A Directorate of Public Works sewer project closed Hines Road to traffic Monday, from Hines Service Road to Burt Road. Those traveling to Reservoir Hill or Huachuca Canyon will be detoured to Hines Service Road. The project will be completed by the end of May.

An infrastructure improvement project to move electric, telephone and cable lines from poles on Grierson Service Road, to underground beneath the road has been rescheduled to start on May 22. The project is expected to take at least four months to complete.

AUSA award nominations sought

Nominations are now being accepted for this year's Association of the United States Army National Awards. This is an opportunity for your organization/directorate to recognize those Soldiers, DoD civilians, contractors and family members who have contributed significantly to our Army and national security.

These are AUSA's most prestigious awards and offer recognition in a variety of areas. All medal awards (Abrams, Biddle, McLain, Rudder, Bainbridge) will be presented at AUSA's Annual Meeting in October. All other awards will be presented locally.

For information about all awards, call Lisa Atkinson, national awards program coordinator at 1 (703) 907-2624 or send e-mail to latkinson@ ausa.org.

Chaplain's Corner

Protestant Sunday Services

8 a.m. Episcopal 8:30 a.m Lutheran Gospel 9:00 a.m.

9:30 a.m. Protestant 11 a.m. Cross Roads

11 a.m. Collective Protestant

Roman Catholic Worship

Mon.-Fri.

11:30 a.m. Mass Saturday Confession 4 p.m. Saturday Mass Sunday Mass 9:15 a.m. Sunday Mass 11:30 a.m.

Jewish Worship

Friday 7 p.m.

Protestant

• PWOC Tuesday 9 a.m. & 6 p.m.

· Women's Ministry Bible study

1st, 3rd Friday 6 p.m.

• Bible Study/Choir Practice

Thursday 6 p.m.

• Ministerial Staff Training

Tuesday 6 p.m.

• Men's Choir Rehearsal

Tuesday 7 p.m.

Youth Fellowship

3rd, 4th Saturdays 8:30 a.m.

• Women's Choir

2nd Tuesday 7 p.m.

• Women's Choir

5th Saturdays 11a.m.

• Youth Church 1st, 2nd, 3rd, & 5th Sunday 9 a.m.

Catholic

• CCD Sunday 10:45 a.m.

· Adoration of the Blessed Sacrament Friday 3 - 6 p.m.

Korean

OCIA Friday 7 p.m. **MCCW** 1st Friday 9 a.m. Choir practice Friday 6:30 p.m.

Muslim Prayer

Friday 12:15 a.m.

Orthodox Divine Liturgy

1st & 3rd Sunday 9:30 a.m

Latter Day Saints Service

Sunday 1 p.m.

Youth Ministries

· Middle school

Sunday 4 - 5 p.m.

· High school

Sunday 5:30 - 7 p.m.

Legend

Main Post

Main Post, Room 24

Main Post Blessed Sacrament Chapel

Prosser Village

Kino Chapel

Eifler

Mothers - Where would we be without them?

By Chaplain (Maj.) David Scharff

305th Military Intelligence Battalion

As we approach Mother's Day, I am reevaluating the role my mother had in my upbringing. Without her constant love and guidance, I am not certain where I would be today. I am sure it would not be where God has placed me.

In 2004, the communications agency, Euro RSCG Worldwide, conducted a study from which they discovered "five new categories" of mothers that can be

marketed to. These women are a product of our times, reacting to trends ranging from 80-hour work weeks to new pressures facing adolescents. The five new categories of moms are: Domestic Divas, Boomerang Moms, Yummy Mummies, Mini-Me Moms, and the Rage Brigade.

"The "Domestic Diva" pays lip service to being the 2004 version of the perfect mom, but in reality she simply wants the appearance of it - and the accolades that follow." Or "Yummy Mummies"

who consider them [their 'little darlings'] a part-time hobby more than a full-time job. Equal energy goes toward maintaining their cute figures, staying ahead of the latest styles, and enjoying the nightlife - in and outside the bedroom, according to the study.

"Mini-Me Moms" apparently consider children - fashion accessories, dolls to be dressed up and showcased for the world to see. These moms are control freaks who are hell-bent on achieving

their goals, according to the May 4, 2004 PR Newswire.

Fortunately, the study states that these are groups of mothers to target their marketing to. This study reminds us that our mothers are still human and they may not always be the 'perfect mom'. Yet in spite of their human weaknesses, mothers will always have a special place in our lives. No matter how we view their care we should remember that they choose to allow their pregnancy to continue and they provided the care you needed.

The Fort Huachnea Scout®

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May 4, 2006

www.huachuca.army.mil/usag/pao

Construction on Johnston Elementary marked

By Esau Lolis

Scout Staff

Wearing hard hats and employed with shovels, United States Army Intelligence Center and Fort Huachuca Commanding General, Maj. Gen. Barbara Fast, Garrison Commander, Col. Jonathan Hunter and Fort Huachuca Accommodation Schools Superintendent, Rhonda Fruehauff and nine Col. Johnston Elementary School students, faculty and staff broke ground at the site of the new school Friday.

Just ten feet from the school playground, the crew of shovelers overturned the earth to officially mark the beginning of the new Johnston School's construction.

Although the ground breaking happened Friday, people won't see heavy equipment moving on the site until June 30th, according to Clay Mering, associate architect with Durant, the company overseeing the architectural construction of the new school.

"We're shooting for early July," he said. "That's when earth work in preparation for the school foundation will begin."

Until then, engineers and architects will focus on other areas of the project.

Mering said Johnston Elementary School is set for completion in August, 2007 and will be able to accommodate 500 children.

Mering also noted that the school will follow similar construction criteria as the new Myer Elementary School building.

Friday marked the second school groundbreaking ceremony on Fort Huachuca within a year. Lloyd Construction broke ground on Gen. Myer Elementary School May 16th, 2005. Myer School is scheduled for June 30 completion with doors set to open this August.

The ceremony began with

second-grader Jonah O'Sullivan leading the crowd in the "Pledge of Allegiance."

Afterwards, Fast welcomed

everyone saying, "Let's rock and roll!" After the crowd calmed down, she went on to joke about how students and staff were going to miss the old building.

Hunter followed Fast at the podium.

"One of my jobs as a garrison commander is to have folks supervise all construction on Fort Huachuca," he said. "We are real busy and we need help.

"So, I am hereby appointing every student as an official construction oversight person," Hunter said, drawing smiles from the adults and laughter

from the 400 students present. "Here's what you need to do," instructed Hunter. "Whenever you see people

working, starting this summer, and they're not busy, you need to say five words, 'Hurry up. Finish my school." Hunter then had the children rehearse the phrase.



Johnston Jaguar mascot, "Jumper," cheers on (from left) Katlyn Thomas-Franz, Jared Rodriguez, Haley Powell, second-grade Teacher Claire Clemente, Secretary Yolonda Collins, Principal Karen Sherman, County Schools Superintendent Trudy Berry, Garrison Commander Col. Jonathan Hunter, USAIC and Fort Huachuca Commander Maj. Gen. Barbara Fast and Jonah O'Sullivan and Fort Huachuca Schools Superintendent Rhonda Freuaff Friday as they use shovels to break ground at the site of the new Col. Johnston Elementary School.

Advertisements

The Fort Huachuca Scout®

May 4, 2006



Photo by Rob Martine

Gen. Myer Elementary construction

Construction of the new General Myer Elementary School is 90 percent finished and is on schedule for completion in late June. Students will leave the 50-year-old elementary school to begin classes in the new school in August. The \$8 million, 57,000-square-foot school will accommodate 450 students. The groundbreaking ceremony for Col. Johnston Elementary School occurred Friday. Currently, some interior and exterior construction is being completed.

Hummingbird monitoring schedule

The Hummingbird Monitoring Network is conducting research every other Sunday on the grounds of the Fort Huachuca Public Affairs Office across from the Brown Parade Field. Residents or office workers who maintain hummingbird feeders within a mile of Brown Parade Field should take them down for the weekend or at least from Saturday night until noon Sunday on monitoring weekends. This will help attract birds to the monitoring station.

Monitoring Day	Ft. Huachuca 2006 Dates	Meeting Time at Feeders (1/2 hour before sunrise)	Trap Start	Sunrise
4	May 07	5:00 a.m.	5:30	5:31 a.m.
5	May 21	4:50 a.m.	5:20	5:21 a.m.
6	June 04	4:45 a.m.	5:15	5:16 a.m.
7	June 18	4:45 a.m.	5:15	5:16 a.m.
8	July 02	4:50 a.m.	5:20	5:20 a.m.

LEAN SIX SIGNA; Everything you ever wanted





Photos by Thom Williams

By Beth E. Musselman

Special to the Scout

Lean Six Sigma is the new buzz phrase in the Army. LSS is mentioned in meetings, briefings and general conversation. But what is LSS is and what are the principles and concepts behind it? How will it change the U.S. Army and affect Soldiers and civilians?

LSS is new to the Army but the philosophies behind it have been around for some time. To understand the concept of LSS, it's best to know how it began.

Lean

The originations of the Lean philosophy are usually traced back to Toyota in the 1950s. Lean aims to identify and eliminate waste in order to increase speed and flow. To "lean" a process is to identify and lay out each step required from start to finish, identify the critical steps, and delete those not required or nonessential.

Although it is an improvement tool, Lean is not without its problems. Cause and effect analysis is imperative in determining what steps produce the best and substandard products. In its pure form, Lean does not use cause and effect analysis as needed; rather it is more concentrated on speed, flow and elimination of waste.

Six Sigma

Most experts agree the Six Sigma concept began at Motorola in the 1970s as an approach to improve quality and effectiveness through statistical control. Six Sigma can be defined as precision followed by accuracy, leading to data-driven decisions.

In layman terms, Six Sigma is designed to identify and eliminate variance making the system more precise, moving the system closer to its target thus making the system more accurate, and then basing future decisions on the resulting data.

In its mathematical terms, Six Sigma is achieved when a process produces less than 3.4 defects per million opportunities. Six Sigma is the highest level of Sigma. However, Six Sigma pure also has its downside.

Six Sigma continues to make a process more precise and more accurate until it is close to perfection. Since decisions are data driven rather than speed driven, time is often not factored in and is lost.

Lean Six Sigma

According to Rod Tozzi, Headquarters, Army Material Command, LSS senior master black belt, the first signs of a merger between Lean and Six Sigma were in the mid 1990s when several books combined the two philosophies although the joined concepts were not yet referred to as Lean Six Sigma.

Most major corporations use LSS rather than the individual philosophies. As a hybrid, LSS is able to go a step further than the preceding philosophies could. Unlike Lean or Six Sigma, LSS accepts a measure of risk and asks how to mitigate that risk.

Through analysis of the process, LSS is able to track every step of the process and determine when and where it goes askew before it is complete and results in an unacceptable product.

"One of the key tenants of Lean Six Sigma is to reinforce success and abandon failure," Tozzi said. According to Tozzi, accepting that measured risk of failure allows losses to be cut and resources moved to a more efficient use.

Another benefit of LSS is the ability to determine the appropriate balance between quality and cost.

For example, the high cost associated with high quality in aircraft maintenance is necessary. Airlines recognize the important of precision and accuracy in this process and spend the required time and money. On the other hand, airline companies do not spend the time and money to guarantee that same level of precision in their baggage handling process.

Lean Six Sigma and the Army

Six Sigma first made its Army debut with AMC, when then Commanding General, Gen. Johnny Wilson sent the first Headquarters, AMC team to Six Sigma training in 1998.

Lean was officially stood up in 2002 by then AMC Commanding General, Gen. Paul Kern in response to the need to better support warfighters.

Kern subsequently directed a transition to LSS in late 2003. LSS allowed AMC to increase the number of vehicles and systems repaired, improve delivery times, and reduce repair cycles – while decreasing costs. Now

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Once choose t

to know about Lean Six Sigma

rd year of full implementation, LSS d \$110 million in savings in 2005. are turning things around faster for ighter," said Gen. Benjamin Griffin, mmanding general. "This is showing nt savings and improvement wheras been implemented."

In July 2005, Gen. Peter Schoomaker, ny chief of staff, sent a letter to each ommand requesting an assessment be processes that would benefit from transformation. More than 230 proere nominated.

arch, Secretary of the Army Francis J. issued a deployment order requiring implemented Armywide. LSS businsformation principles are expected p resources for the operational Army are quicker delivery times to Soldiers

essentially to take the work out of a and to apply it both to a factory-type n or repair, and also to a headquarters n, like the Department of Army," Harat a Pentagon press briefing.

and You

the LSS philosophy spreading out the Army, here's how to be on the t of Army transformation.

nd an LSS familiarization course three-to-four-hour class offers newthe basics of LSS such as teaching and principles. The familiarization s recommended for everyone.

me certified

esses and procedures altered through re done so through certification projcople interested in making a change uraged to become LSS certified.

ng to George Terrell, Hq, AMC master It candidate, LSS has three levels of

first level is green belt certification. -week training course is an in-depth ization with LSS tools and methods. es into more detail than the familon course, but doesn't require the al knowledge of the more advanced tions. Master black belts instruct the

green belt certified, students may to advance to the black belt course.

Requiring approximately six weeks of commitment, this program of instruction is much more intensive.

Students work with their supervisor to select a process that can be more efficient, and develop recommendations based on the application of LSS tools and techniques. These projects result in the impressive improvements and cost savings attributed to the LSS program.

At this point, students have dedicated between five and eight months to training and are now ready to move on to the highest level of certification, master black belt. As a master black belt candidate, trainees are required to mentor at least two black belt students as they are working on their projects.

The main role of a master black belt is to train, educate, mentor others in the program, and deploy LSS throughout the organization. This exclusive level of expertise will require at least one more year of training and teaching and includes courses in ethics, creative problem solving, deployment planning and instructor certification. To complete the program, master black belt candidates must instruct green and black belt courses.

With the implementation of LSS, the way the Army does business will soon change. LSS not only provides monetary savings and waste reduction but, most importantly it provides Soldiers a better product quicker. For further information about training opportunities visit www.amc.army.mil/lean.

For online training through Army e-learning go to https://usarmy.skillport.com/rku- sarmy/login/usarmylogin.cfm

The first time there, users will be required to register for an Army e-learning account with all Army Knowledge Online account information. Registering for an Army e-learning account registers users through Army Training Requirements and Resources System.

Once registration is completed for an Army e-learning account, users will receive a user name and password, to use at the URL above.

Lean Six Sigma is listed on the first page after the log-in page, under "Course Information," so those who click on "Add to My Plan" behind the LSS listing, it'll add it to their customized plan.











Service News





Ultimate sacrifice in support of the Global War On Terrorism

Sgt. Steve Sakoda, 29, of Hilo, Hawaii, died of injuries sustained in Baghdad, Iraq, on Saturday, when an improvised explosive device detonated near his HMMWV during combat operations. Sakoda was assigned to the 1st Squadron, 75th Cavalry Regiment, 2nd Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

The Department of Defense announced the death of two Marines, who were supporting Operation Iraqi Freedom.

Killed were:

Cpl. Brandon Hardy, 25, of Cochranville, Pa.

Sgt. Lea Mills, 21, of Brooksville, Fla. Both Marines died Friday while conducting combat operations against enemy forces in Al Anbar province, Iraq. They were both assigned to 3rd Assault Amphibian Battalion, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif.

Sgt. Edward Davis III, 31, of Antioch, Ill., Friday while conducting combat operations against enemy forces in Al Anbar province, Iraq. He was assigned to 3rd Assault Amphibian Battalion, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif.

Two Soldiers who were supporting Operation Iraqi Freedom died in Baghdad, Iraq, on Friday when an improvised explosive device detonated near their HMMWV during combat operations. The Soldiers were assigned to the 10th Cavalry, 4th Brigade, 4th Infantry Division, Fort Hood, Texas.

Killed were:

Staff Sgt. Bryant Herlem, 37, of Copperas Cove, Texas

Sgt. Jose Gomez, 23, of Corona, N.Y.

Sgt. Matthew Webber, 23, of Kalamazoo, Mich., died on April 27, in the Brooke Army Medical Center, San Antonio, Texas, of injuries sustained when an improvised explosive device detonated near his HMMWV during combat operations in

Habbaniyah, Iraq, on Nov.21, 2005. Webber was assigned to the Army National Guard's 1st Battalion, 125th Infantry Regiment (Mechanized), Saginaw, Mich. The Department of Defense announced today the death of a Marine who was supporting Operation Iraqi Freedom.

Lance Cpl. Michael Ford, 19, of New Bedford, Mass., died April 26 while conducting combat operations against enemy forces in Al Anbar province, Iraq. He was assigned to the 1st Tank Battalion, 1st Marine Division, I Marine Expeditionary Force, Twentynine Palms, Calif.

Pfc. Raymond Henry, 21, of Anaheim, Calif, died on April 25 in Mosul, Iraq, when an improvised explosive device detonated near his HMMWV during combat operations. Henry was assigned to the 1st Battalion, 17th Infantry Regiment, 172nd Stryker Brigade Combat Team, Fort Wainwright, Alaska.

Sgt. 1st Class Richard Herrema, 27, of Jackson, Tenn., died in Baghdad, Iraq on April 25,

when he came under enemy fire during combat operations. Herrema was assigned to the U.S. Army Special Operations Command, Fort Bragg, N.C.

Staff Sgt. Metodio Bandonill, 29, of Honolulu, Hawaii, died in Baghdad, Iraq on April 24, from injuries sustained when an improvised explosive device detonated near his HMMWV during combat operations. Bandonill was assigned to the 1st Squadron, 75th Cavalry Regiment, 2nd Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Lance Cpl. Aaron Simons, 20, of Modesto, Calif., died April 24 while conducting combat operations against enemy forces in Al Anbar province, Iraq. He was assigned to 1st Battalion, 7th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Twentynine Palms, Calif.

Three Soldiers died of injuries sustained in Taji, Iraq, on April 23, when an improvised explosive device detonated near their HMMWV during combat operations. All three soldiers were assigned to the 7th Squadron, 10th Cavalry Regiment, 1st Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas.

Killed were:

Sgt. Robert Ehney, 26, of Lexington, Ky. Cpl. Jason Daniel, 21, of Fort Worth, Texas Cpl. Shawn Lasswell Jr., 21, of Reno, Nev

Miss Arizona visits Meyer Elementary School

Scout Reports

Audrey Sibley, Miss Arizona 2005, presented the NetSmartz® Internet safety workshop April 27 to the students of Gen. Myer Elementary School. Her platform is "Be AWARE: Preventing Child Abduction and Exploitation."

"If parents knew what their children were exposed to, they would be shocked," said Sibley. "I put on these workshops so people can keep their children safe and to empower kids so they are more aware of the dangers on the net."

Data from studies indicate some shocking statistics about the type of incidents that occur when children use the internet. This list is a sample:

•Approximately one in five received a sexual solicitation or approach over the Internet in the last year.

•One in 33 received an aggressive sexual solicitation - a solicitor who asked to meet them somewhere; called them on the telephone; sent them regular mail, money, or gifts.

•One in four had an unwanted exposure to pictures of naked people or people having sex in the last year.

•About one quarter of the youth who encountered a sexual solicitation or approach told a parent.

The NetSmartz Workshop was created to counter these negative forces. The program is designed to be an interactive, educational safety resource to teach children and teens Internet safety. NetSmartz combines current technology and information to create high-impact educational activities designed to attract even the most tech-savvy kids. Parents, guardians, educators, and law enforcement also have access to resources for learning and teaching about the dangers children may face online.

Since her participation in the Miss Arizona Program three years ago, Sibley has educated hundreds of people about these societal dangers. Since winning the title of Miss Arizona, Sibley's platform endeavors have expanded to include a partnership with the Arizona Amber Alert Portal and the Arizona Internet Crimes Against Children Task Force.

Sibley is from Sierra Vista, Ariz. and graduated with honors from Buena High School in 2003. She

is a junior, majoring in marketing at the University of Arizona in Tucson.

To learn more about Internet safety, visit NetSmartz® at www. netsmartz.org on the Web or the National Center for Missing & Exploited Children at www.missingkids.com.



Photo by Michael Collin

MWR facilities will offer free services Armed Forces Day

May 20, MWR facilities will observe Armed to reserve a tee time. Forces Day. The following services will be offered free to all active duty and retired military that day only. All free services will be limited to available time and space, so early reservations are recom-

*Desert Lanes will offer free bowling and shoe rental 4:30 p.m. - midnight. (Limit three games.) For more information, call 533-2849.

*Mountain View Golf Course will offer free golf, free club rental, free cart rental and free range balls, 7 a.m. - 5:30 p.m. Call MVGC at 533-7088

*Buffalo Corral will offer one hour of free open horseback riding 9 a.m. - 4 p.m. Family members will be charged regular rates. Pre-registration is necessary and reservations will be taken on a first-call, firstserved basis. For more information or to reserve a time, call Buffalo Corral at 533-5220.

* The Sportsman's Center will offer free paintball field time, 9 a.m. - 5 p.m. All participants will need to purchase resale supplies such as paint, CO2 and equipment, and will be required to adhere to safety regulations and policies. Reservations are recommended and can be made by calling 533-7085.

*MWR Rents will offer equipment rental free for May 20. Items will be available starting at 9 a.m. and must be returned by 4 p.m. that day. (Does not include campers and RV.)

Advance reservations are also recommended for rentals. Call 533-6707 for more information.

*The MWR Arts Center will offer free instruction in pottery from noon - 2 p.m., and in watercolor, 2

To reserve a space or for more information, call the Arts Center at 533-2015.

70s Dance at Jeannie's Diner

Jeannie's Diner will hold a "70s Dance" 5 to 9 p.m., Saturday. There will be food specials from 5 to 6 p.m. and a dance contest, with prizes given away, from 6 to 7 p.m. Door prizes will be given away.

Jeannie's will also offer the following Mother's Day special from 8:30 to 10:30 a.m., May 14: Moms may purchase breakfast for half price.

Located inside Desert Lanes Bowling Center, Jeannie's Diner is open seven days a week. For take-out orders or more information, call 533-5759.

Cinco de Mayo party at Time Out

Time Out has planned a special Cinco de Mayo party from 7 p.m. to 2 a.m., Saturday. There will be free munchies, Latin music and dance lessons. Beverages will be available on a pay-as-you-go

Admission to the Cinco de Mayo party is

Time Out is located on Arizona Street, across from Barnes Field House.

For more information, call 533-3802.

Teen Town Hall Meeting

Child and Youth Services will hold a Teen Town Hall Meeting Tuesday, at the Youth Services Gymnasium, Building 49013.

Middle School forum, for grades 6 - 8, will be held from 5 to 6 p.m.

High School forum, for grades 9 - 12, will be held from 6:30 to 7:30 p.m.

Food and drinks will be provided. For more information, call Richard Brown at 533-3027.

Mom's Day Sale, golf clinic at MVGC

Mountain View Golf Course Pro Shop will hold a "Mom's Day Sale," May 13 and 14. All ladies apparel and golf clubs will be marked down 10 percent those two days.

MVGC will offer a free golf clinic for beginners from 10 to 11 a.m., May 20.

The clinic will teach the basic fundamentals

of the swing and the game of golf. An orientation explaining how to use the facility and what programs are available will also be covered.

Balls and the use of clubs will be provided at no charge.

MVGC is located at Building 15479 and is accessible to everyone from Wilcox Avenue, off Buffalo Soldier Trail.

For more information or to make a tee time, call 533-7088.

Mothers Day buffet at TMAC May 14

The Thunder Mountain Activity Centre will present the Mother's Day Grand Buffet, from 10 a.m. - 1 p.m., May 14. Customers are invited to treat "Mom" and the entire family to this delightful and delectable brunch.

A few of the items on the menu will include: made-to-order omelets, Belgian waffles, bacon, sausage, mahi mahi with lemon butter sauce, chicken rosemary, TMAC baked salmon, peeln-eat shrimp, steamship round, vegetables, fresh breads and rolls and assorted deserts.

Cost is \$21 for adults; \$10.50 for children 5 - 11; and children 4 and under dine free. These prices include gratuity.

For reservations or more information about the buffet, call 533-3802.

Buffalo Corral plans Mother's Day

Buffalo Corral will offer a special trail ride for Mother's Day, 10 a.m. - noon, May 14.

Moms will be able to ride for half price. The regular cost of the ride is \$15 per person. Reservations and pre-payment are required by close of business the day before the ride.

For more information, call 533-5220.

Black and white photography class

The MWR Arts Center will offer a beginning black and white photography class, 6 - 8 p.m., May 18, 25, June 1 and 8. Students must have their own camera. All other materials are included in the class. Cost is \$75 and the instructor is Gary Rice.

For more information, call 533-2015.

Enrollment for SAS summer program starts May 18

This year's Child and Youth Services School Age Services summer program will present a jungle village theme. There will be 11 weekly sessions beginning May 29. Registration is open and begins May 18.

Children will be divided into huts or home bases. Each hut within the village will consist of a "pack" of children who will work towards completing challenges centered around the jungle theme. Packs will complete word games, challenge games, scavenger hunts and relay races. Field trips, swimming, water play, bowling, bingo and other jungle activities will add to the summer fun.

Children wishing to enroll must be registered at the Central Registration Office, Murr Community Center, Building 51301.

For more information, including cost per child, call 533-0738.

Take the Eifler Buddy Challenge

Active duty military are invited to take part in the Eifler Fitness Center "Buddy Challenge," scheduled to begin at 8 a.m., May 20.

The Buddy Challenge will consist of two-person teams competing in the following: a 3-mile run; 100 yard wheelbarrow race; 100-yard piggyback race; 60 pushups; 60 situps; and when the 60 sit-ups are completed, the two team members must run together to the finish line.

There will be a \$5 entry fee per team.

For more information or to register, call Mick Gue at 533-4723.

Youth program seeks instructors

Child and Youth Services SKIES Unlimited program is looking for experienced instructors to teach classes to youth in the following areas: dance, piano, gymnastics and foreign languages.

For more information, call Carrie Bradke at 533-8347.

Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

The Scout

All-Army Volleyball Camp opens

Goal is making Armed Forces Team

Story and photos by Thom Williams

Scout Staff

Soldiers who are members of the All-Army men's and women's Volleyball teams opened training camp at Fort Huachuca on April 25.

The teams are taking part in three-a-day practices in the gymnasiums at Barnes Field House and Eifler Physical Fitness Center.

The Soldiers will break camp Wednesday and face the best volleyball players from the Navy, Marines and the Air Force in the Armed Forces Championship slated to take place May 11-18 on Fort Huachuca.

Many of the Soldiers have their sights set on earning a berth on the men's and women's U.S. Armed Forces teams that will represent the U.S. at the 27th Conseil International du Sport Militaire World Military

Volleyball Championship June 9-21 at Fort Huachuca.

"This whole thing is basically a feeder program for the Armed Forces team," said Rey Javier, playercoach from Fort Lewis, Wash. "The Armed Forces team is not necessar-

ily always the best players that are here, it's the best who can get permission from their units to go."

Each service sends a representative to watch the Armed Forces Championship who gauge the talent and select the Armed Forces

team with input from team coach-

Javier said that the coaches of the men's and

women's Armed Forces team are usually the coach from the individual service that wins the Armed Forces Championship.

It was announced Monday, that the following countries are slated to send teams to the CISM World Military Volleyball Championship: Canada, China, Cyprus, Germany, India, Morocco, the Netherlands, Qatar, Republic of Korea, Romania and the USA.

The last time the championship was held in 2004 in Kingston, Canada. Bulgaria defeated Greece to take the Men's Championship while Italy topped The Netherlands to land the women's title.

Admission to all upcoming

volleyball events is free.

The men's Team

Thirteen Soldiers from around the globe are in attendance at the men's All-Army Volleyball training camp. Rey Javier, the player-coach,

From left, Poasa Masaniai, Remington Schilling, Jared Brown and Jason Rasco, members of the All-Army Volleyball team wait for their turn on the court during practice at Eifler Physical Fitness Center. The team is preparing for the Armed Forces Volleyball Championship to be held May 11-18 on Fort Huachuca.

is a medic who has been playing All-Army Volleyball since 1990.

Javier said that during his morning practice, he focuses on individual speed, skills and strength, with the afternoon session set aside for team drills. In the evening, the men's team holds scrimmages. Javier is hoping to scrimmage against Southern Arizona club teams as tune-ups for the Armed Forces Vollevball Championships.

On Sunday in Phoenix, the team won the USA Volleyball Regional Championship in the A/AA Division beating some of the best adult volleyball teams in Arizona.

Javier pointed to two players, Poasa Masaniai, Jr. and Scott Kittleson, who he expects to have a big impact in the tournament, with an excellent shot at making the U.S. Armed Forces team.

Masaniai spent much of his youth in Sierra Vista and played varsity volleyball for the Buena Colts during his high school years.

"I'm hoping the Army can go all the way this year. I've heard that we have not had a first-place finish since 1997. I'm here to do whatever I can do to help the team finish first," said Masaniai

> Masaniai is stationed at Yongsan Garrison, Seoul, South Korea and is happy to be back in the states and have the opportunity to see his family and friends.

Scott Kittleson, played NCAA Division I volleyball at George Mason University and just graduated from the Engineer Corps, Officer Basic Course at Fort Leonard Wood, Mo.

He doesn't have to report to his new unit at Fort Stewart, Ga. until July. Kittleson said that he's excited about playing All-Army and possibly the Armed Forces volleyball teams.

Kittleson has extensive experience playing professional volleyball for teams in Portugal, Denmark and Slovenia.

"I'm looking forward to working with the guys here," Kittleson said. "Hopefully we will be able to put a good team together and then we will see what happens with CISM."

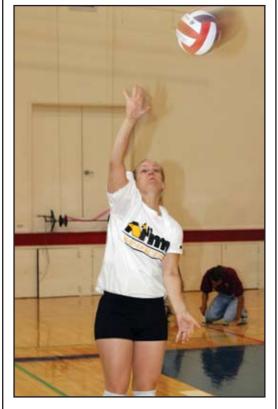
Javier is optimistic about his teams' chances of winning the Armed Forces Championship.

"It looks good," he said. "You never know who is going to show up every year so it's kind of a crap shoot in that sense"

Javier went on to say that in his experience with Armed Force volleyball, the championship changes hands between the Army, Navy and Air Forces and that the Marine Corps team is never a worry.

All Soldiers who attend the All-

See ALL-Army, Page B3



Jessica Edwards serves the ball during drills at All-Army Volleyball camp at Barnes Field House. The Army's best are preparing to take on teams from the Navy, Marines and Air Force.

Chalk Talk

Gen. Myer School

Linda Dailing's Kindergarten music classes will presented their Spring Program this week Wednesday. The program "I Can Be Anything" highlighted basic music skills learned this school year, with the Kindergarten student body singing "I Can Be Anything That I Want To Be." This is the last kinder-

garten program to be presented at Myer School this year.

Maureen Brady's fourth graders are designing their own "Vanity Plates" like the ones seen on cars on the road. They are finishing their Southwestern unit by creating Mexican style clay pinch pots. Brady's fifth graders have created foil relief prints and scratch

board art. They are learning about the old Japanese art form of Gyutaku or "fish rubbings". They wrote cinquain poems about fish and illustrated their finished poems.

Myer School has completed the 33rd week of the Magellan Running Club, with five running days. Both top fifth grade girls scored with 52 points. They were Hazel Grubbs and Erikka King. John Kiner was the top fifth grade boy with 48 points. The

overall top fifth grade class that totaled 401 points was Mrs. Celina Mickle's class. For fourth grade news, all the top runners completed 40 points. The top fourth grade girl was Sarah Baier. The top fourth grade boys were Miles Ritchey, Andrew Camps, and Carlos Acosta. Mrs. Jan Barnes' class totaled as the top fourth grade classroom with 192 points. All the students in the running club accomplished 445 miles for this week.

Fit For Life

Understanding Overload and Specificity

By George R. Colfer, Ph.D.

Contributing Writer

There are two very important principles that can be applied to various types of physical training in order to seek improvement. The principles of overload and specificity must be used if progress in fitness and sport is to be made. However, these principles do not relate to sport skill improvement unless it is a result of increased strength, muscular endurance, cardiovascular endurance or flexibility. Outside of practicing specific sport skills or related motor ability skills (agility, balance, coordination, etc.), these health-related fitness components provide the means to personal fitness, military fitness and sport fitness. A look at the two principles by definition.

Overload: Work must be completed to a point beyond which the task is easily performed. This can be applied

to the musculoskeletal or cardiovascular systems.

Specificity: Improvements or gains in any task are dependent upon the type, amount and quality of work performed.

To put these principles in perspective regarding specific fitness activities, the following will be used for illustration.

Strength training (musculoskeletal system)

To overload in strength training (free weights, strength machines or dumbells), the following methods can be used.

- A. Increase resistance/weight load.
- B. Increase number of repetitions in a set or circuit.
 - C. Increase number of sets or circuits.
 - D. Increase number of training days.
- E. Decrease amount of rest between sets or circuits.
 - F. Change exercises in your routine.

It is recommended to only make one change at a time and allow the body to adapt to the new demands placed upon it before other changes are added. With some experience, it is acceptable to mix or alternate methods on different training days. Specificity in strength training can relate to the muscles being trained or the purpose for training such as power training, muscular endurance, body development or sport-specific training. In any case, training must be specific to its purpose.

For free body exercises such as pullups, push-ups, sit-ups, dips, etc., overload can take place from methods B, C, D, E and F, since bodyweight remains a constant. Specificity relates only to the muscle groups being trained since the primary purpose of free body exercise is muscular endurance and a measure for relative strength.

Run-Swim-Bike (aerobic activity: cardiovascular system)

Overload can be provided by the following methods.

A. Increase training distance (daily/weekly).

B. Increase training intensity or pace.

C. Increase number of training days.

D. Apply different training techniques: interval, sprint and tempo-type training. Runners and bikers can also add hill training.

E. Crosstrain: Substitute or add a different training mode.

The same recommendation applies here. Make only one change at a time and all changes should be made with objectives in mind. Specificity refers to the activity performed. There is no guarantee that a strong runner will be a strong swimmer without specifically training for the swim. Even though cardiovascular endurance is the main factor in aerobic activities, muscular activity differs. There is no automatic transfer from one activity to the other. However, the fit individual can adapt more readily to any new activity.

In relation to sports performance, one should analyze each sport and break it down into fitness components and the skills for that particular sport to establish training guidelines.

Sierra Vista 50th Anniversary



Countdown: Sierra Vista turns 50 in 3 weeks

EDITORIAL COMMENT:

The City of Sierra Vista will celebrate its 50th anniversary, "More than a city—a way of life," May 26-28, 2006. In support of the city's celebration, each month until the celebration weekend, The Fort Huachuca Scout will run one reprinted article from the 1955 and 1956 issues of the "Fort Huachuca Scout," showing what fort life was like 50 years ago. Each week, we'll print one or more highlights of what

happened on Fort Huachuca a half century ago.

Sierra Vista was founded in 1956 and annexed Fort Huachuca in 1971. Now, as in the past, the two entities worked together and are involved in many partnerships.

The Fort Huachuca Scout has been in publication for 54 years since 1951. Morgue copies of the "Scout" are available for viewing at the Fort Huachuca Public Affairs Office, Building 21115, 3015 Carnahan Street, across the street from the gazebo at the west end of Brown Parade Field. Call 533-2622 for additional information.

Enjoy reliving Fort Huachuca's past 50 years, and reminisce as we travel back in time. - Joan Vasey

Reprinted from "The Huachuca Scout", May 3, 1956

Shortage of Workers

A critical shortage of civilian employees exists in several job categories, O.D. Haverland, Post Civilian Personnel Officer announced today. Positions to be filled include clerk-typists, clerk-stenographers, fiscal accounting clerks and voucher examiners.

Haveland urged all military and civilian dependents who believe they can qualify for any of these vacancies to contact the Civilian Personnel Office, Bldg. 13115.

68th Signal Sends Men to Air Base

Fifteen men and one officer from the 68th Signal Company, 72nd Signal Battalion, left the fort Monday afternoon for Davis Monthan Air Force Base to set up operations for a joint Army-Air Force field training exercise in Radar Countermeasures.

The initial phase is scheduled to last approximately 30 days and will involve the entire company which will be attached to the 36th Air Division. This program will be similar to Exercise Hamshack in which the company participated last September.

The Fort Huachuca Scout®

B2

[®] May 4, 2

Annual Wings And Spurs event in Tombstone

Scout reports

The 4th Annual Wings & Spurs Fly-In will be held at the Tombstone Municipal Airport, State Highway 80, southeast of Tombstone, Saturday and Sunday. Approximately 50 aircraft will be displayed, also featured is a Fly-in, an Air-Ground Demo, and a Static Display of a U.S. Marine Corps AH-1W Cobra gunship, and a UH-1 Huey, courtesy of HMT-303, MAG-39, 3rd Marine Air

Wing, Camp Pendleton, CA., and the "Wild West" Detachment Marine Corps League, Tombstone.

Scheduled for entertainment are the Douglas Folklorico Dancers, Doug Webster and Johnny Rodriguez, as well as appearances by New Tribes Mission and Great Lakes Airlines.

In honor of Cinco de Mayo, enter the Salsa making contest. There is no entry fee. Just bring your favorite home made Salsa, with a chance to win a prize.

Activities at the Tombstone Municipal Airport begin at 6 a.m. on Saturday and Sunday, with the Air-Ground Demo starting at approximately 9 a.m. or 10 a.m., on Saturday Only. Daytime activities conclude at 5 p.m. Saturday, and 1 p.m. Sunday.

Saturday evening dinner will start at 5 p.m. and conclude at 9 p.m.



Courtesy ph

A helicopter flies approximately 150 feet above spectators during the 2004 "Wings and Spurs" event.

Pathfinders: The Army's role in exploring the Southwest

(Editors Note: At the end of May, the Huachuca "Scout" will run a history section every other week. To submit ideas, call Michael Collins at 533-1283. Information for this article was taken from Fort Huachuca Illustrated. Our thanks to the post museum and Tim Phillips, director.)

Scout Reports

The hushed awe of discovery, the emotional solitude

of being the first to stare out over new vistas, these were the rewards accorded to a handful of young Army officers assigned to explore and map the American West between 1838 and 1863. Most were members of a small but elite fraternity of soldier-scientists called the Army Topographical Corps and were assigned a mission unique in U.S. Army history.

They were to reconnoiter routes through rarefied and

intimidating mountain ranges, canyons awesome in their vastness, down rushing rivers and across parched deserts, so that the American people could expand westward to Pacific shores and that the Army outposts placed to protect the pioneers could be supplied overland. At the same time, they would observe and record a plethora of data on the heretofore unknown natural history of some of the most exciting wildlife habitats

in the world.

Those military men ranged over America's great Southwest, campaigning during the 1846-48 Mexican War, surveying the new border with Mexico, opening wagon train trails, providing tactical maps for the Indian-fighting Army, mapping transcontinental railroad routes, and producing in just 20 years one of the most comprehensive scientific inventories ever made of any part of the earth.

Perhaps the most important outcome was the work done by Lt. William Emory and his colleagues. Their scientific observations were valuable and far-reaching yet it was their cartographic skills for which they would be remembered. His was the first scientific expedition and the first accurate map of the region; it would be used by emigrants hurrying to California's gold fields in 1849.

Sierra Vista is "The Hummingbird Capital of the U.S."

Scout Reports

Located at the center of what is considered one of the finest birding areas in the United States, Sierra Vista is often referred to as "The Hummingbird Capital of the U.S." The mild climate, proximity to Mexico and diverse habitats, including 9,000-foot mountains and the San Pedro River Valley, make southeastern Arizona a major hot spot among birders for rare and unusual species of birds.

The best times to see tropical species such as hummingbirds, trogons, warblers and flycatchers is from

mid-April through September. Spring migration peaks between late April and early May, as tens of thousands of colorful songbirds make their way north. Late summer is also considered an excellent time to observe both resident and migrant birds. Spectacular thunderstorms in July and August bring cooler temperatures and create a "second spring." Blooming wildflowers attract hummingbirds and butterflies, while flocks of migrating birds feast on the bounty of seeds, fruits and insects.

Garden Canyon here on Fort Huachuca is another target area for birders. As they move up canyon, the

elevation changes, and so do the bird species. Those who make it to the third picnic area with its perennial creek and giant sycamores may experience the sighting of Elegant Trogons or an occasional Sulpher-bellied Flycatcher.

Huachuca Canyon here also offers an opportunity for birdwatching. Gould's turkeys are regular visitors at the base of the canyon, especially around dusk and dawn. Scheelite Canyon is a popular viewing area for Mexican Spotted Owls.

For information about local birdwatching, visit the Sierra Vista Convention and Visitors Bureau Web site at www.visitsierravista.com.

From All-Army, Page B1 -

Army camp are eligible to stay at Fort Huachuca at least through the Armed Forces Championship.

The women's team

Ten Soldiers from as far away as Korea and Hawaii are attending the All-Army women's Volleyball Camp.

Coach Patty Rye, has been coaching the sport for 20 years.

"The first couple of weeks we are trying to get everybody used to each other," Rye said. "We are getting some conditioning in and trying to go from there to get everybody ready." She went on to say that she is

very happy with the experience level of the team and pointed to a couple of athletes, Liz Cole and Debra Mc-Namara, who she expects to make a big impact during the tournament.

Liz Cole, Fort Stewart, Ga. played on two U.S. Armed Forces teams and competed in CISM events in Romania and Canada. Cole's branch is military intelligence, so Barnes Field House is home for her as she led her Officer Basic Course class to the Post Volleyball Championship here when she was a lieutenant just out of West Point.

"It looks really good this year.

We have lot of height and all the girls have really good experience," she said

Debra McNamara, an optometrist at the Raymond W. Bliss Army Health Center on Fort Huachuca played CISM Volleyball for the U.S. in Zagreb, Croatia in 1999.

She said it's been her experience that the Air Force women are usually heavily favored to win the Armed Forces tournament because 70 women apply to attend their training camp. The Army had 12 Soldiers apply to attend the All-Army women's camp.

When asked about her chances of making the CISM team, McNamara said she is focused on winning the Armed Forces Championship.

"That would be fantastic to play CISM but right now we are just trying to gel as a team and the goal is to beat those Air Force girls," she said

Coach Rye also pointed to other standout performers such as: Zuzana Zimmermann from Fort Huachuca, Maugerite Hunter, Jessica Edwards, Rhena Panama, Renee Krieg and Marci King.

Commissary sponsors supermarket sweep for Single Soldiers

Better Opportunity for Single Soldiers and the Fort Huachuca Commissary are sponsoring a supermarket sweep May 11 at 7:30 a.m. at the post commissary. Single Soldiers enrolled in BOSS will be treated to a free breakfast provided by commissary vendors, a tour of the facility and drawing for a chance to win \$500 in groceries in a vendor sponsored Supermarket sweep. For more information, call the Commissary at 533-5540.

Fort Huachuca PX hosts Spring Pet **Show**

The Fort Huachuca Post Exchange will host a Spring Pet Show Saturday, from 9 a.m. to 1 p.m. at the PX parking lot. Pet owners can register their pet now until Saturday, at the PX identification desk or at the manager's office near the Armed Forces Bank.

There will be prizes awarded in nine different categories: Best cat, canine over 100 lbs, most unusual pet, canine 51-99 lbs, pet and owner look-a-like, canine 25-50 lbs, canine under 25 lbs, canine puppies under one year old and best pet trick.

Pet owners and handlers must maintain control of animals at all times. Every animal can register for two categories. Puppies are considered any canine one year or under. They are excluded from weight categories. Pet owners and handlers are responsible for cleaning up after their animals.

Free puppetry workshop

The Army Community Service "Kids on the Block" program will offer a free puppetry workshop 10 - 11:30 a.m., and again, 1 - 2:30 p.m., Monday.

The class teaches a Japanese form of Banraku Puppet Theater. Students can use the knowledge they gain to put on puppet shows for their children, or they can volunteer for the KOTB program, KOTB is an educational puppet troupe that puts on puppet shows for area children on a variety of social issues and safety topics.

For more information, call Mary Lamphere at 533-3883 or ACS at 533-2330.

International Migratory Bird Day planned

The Friends of the San Pedro River, Bureau of Land Management, the Sonoran Joint Venture and others will celebrate International Migratory Bird Day from 10 a.m. to 4 p.m. May 13 at the San Pedro House. At 3 p.m. the group will honor Congressman Jim Kolbe for his efforts to conserve the San Pedro River. The San Pedro House is located just off State Route 90, 8 mile east of Sierra

For more information visit www.sonoranjv.org.

Smooth Move for Kids

Army Community Service will offer the "Smooth Move for Kids" workshop at 1 p.m., today and 10 a.m., May 16 at the ACS Building 50010.

The workshop is designed to help ease the anxiety for children and make moving easier for everyone.

The class is free, but please register by calling ACS at 533-2330.

Sierra Vista American Youth Football and registration underway

Sierra Vista American Youth Football 2006 season registration for youth 5-14 takes place from 10 a.m. to 2 p.m. Saturday and Sunday, 13 and 20 at Big 5 Sporting Goods, Highway 92 and Fry Boulevard, Sierra Vista.

For more information call 458-2320 or e-mail svyouthfootball@cox.net. Or, visit the Web site at SVAYFC. COM.

Audie Murphy Golf Tournament planned

The Sgt. Audie Murphy Club is sponsoring a Scramble Golf Tournament at 8 a.m. May 13 at the Mountain View Golf Club. Entry fee is \$50 per person and includes greens fees and cart. Registration deadline is Friday. For more information or to register, contact Donald Vess at 538-2225 or cell phone 227-5121.

Carr House offers ranching presentation Sunday

Carr House has opened for the season and sponsors its first bi-weekly Southwestern education program at 1:30 p.m. on Sunday. Steve Short, local resident, will discuss the history of ranching in Huachuca Mountain foothills and other ranch-related information.

Carr House visitor information center is open from 9 a.m. to 4 p.m. Saturdays and Sundays. The center is operated by the volunteer "Friends of the Huachuca Mountains," a volunteer group affiliated with the Coronado National Forest.

Carr House is located about 2.25 miles up Carr Canyon Road, off Highway 92 adjacent to the Mesquite Tree parking lot. Turn west (right) and follow the road into the Huachuca Mountains. Bear left at the road fork into the parking lot.

For information about Carr House programs, call 378-1563.

Geology field trip planned

Join the Mountain Graham Geology-Ecology Leisure class field trip to the heights of the Pinaleno Mountains from 7 a.m. to 7 p.m. May 13. Tour vehicles will depart and return to the Ethel Berger Center, 2950 E. Tacoma St., Sierra Vista. The trip will feature a guided excursion through the devastated areas of the 1996 Clark Peak stand replacement forest fire and end at Riggs Lake. Participants will experience short hikes at high altitudes for distances less than a half mile one-way. The cost is \$28 per participant. Register by tomorrow.

For more information, call 458-7922.

Local USTA Tennis League starts Saturday

The Southeast Arizona Community Tennis Associa-

Now Playing

Showing at the Cochise Theater for the next week are:



Today -7 p.m.

V For Vendetta

Friday

Stay Alive

Saturday -7 p.m.

Inside Man

Sunday -2 p.m.

Larry The Cable Guy

Monday - Wednesday

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

For the latest news on the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97) is your first and most reliable source.

The Scout will notify the community of the return of the Fort Report and until then, keep tuned to the CAC for other pertinent post information.



Pets Of The Week







Whiskey is an 8 month old female female tabby kitten. Courtesy photo brown pit-bull mix. Courtesy photo from petfinder.com.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

tion of the United States Tennis Association will host a six-week USTA League for tennis players 19 years and older beginning Saturday. Matches will be played at Kings Court Tennis Club at 11 a.m. on Saturdays. The format is three doubles and two singles. Men's and Women's teams are being formed. The SEAZ CTA is the local USTA organization for Cochise County's tennis players.

For more information and to register for the USTA League contact Jeff or Steve Bokowski, 458-0602.

Visit the Cinco de Mayo fiesta this weekend

It's fiesta time at Veterans' Memorial Park, Fry Boulevard, Sierra Vista Friday through Sunday. Celebrate Cinco de Mayo with folklorico dancers, mariachi bands, food, rides and more. Tomorrow, the fiesta will be held from 4 – 11 p.m. Saturday hours are 11 a.m. to 11 p.m. Sunday, festivities run from noon – 4 p.m. For information, contact Reuben Ortega at 458-3077.

Sulphur Springs Valley Historical Society plans tour

Skeleton Canyon, the Geronimo surrender site, is the featured location of a historic tour May 13. The tour is an exclusive event, as the site is not open to the public. Limit is 100 participants. Cost is \$20 per person.

The tour also includes Devil's Kitchen. Tour participants will meet at the Geronimo Surrender Monument, located in Apache, Ariz., on Highway 80 between Douglas,

Arizona and Rodeo, N.M., at 10 a.m. Arizona time.

Plan ample travel time to arrive by 10 a.m. Bring a picnic lunch and water. Call 520-384-3397 for reservations or e-mail Louise618@gmail.com by Tuesday. Make checks payable to Sulphur Springs Valley Historical Society, 127 E. Maley, Willcox, AZ 85643.

Xeriscape self-guided tour set for Sunday

Sunday from 1 to 4 p.m. plan to attend the Water Wise/Master Gardener Spring Xeriscape Self-Guided Tour. This is a free event, and new this year—there will be short onsite information sessions at each location presented by a volunteer docent

Those who visit these yards will learn how much choice there is in creating a water wise yard. Low water use landscapes can be colorful, evergreen, soft, easy care and wildlife friendly. Feel free to bring a camera. Pick up a map on tour day, during tour hours at the Water Wise Program office at 2250 El Camino Real, Sierra Vista or have a map sent electronically by calling 458-8278 x 2141 or by sending an email to jwilliam@ag.arizona.edu.

Be a local tourist on May 20

In a dual celebration of National Tourism Week and National Public Works Week, on May 20, the City of Sierra Vista will host three public events.

The morning starts off at the Environmental Operations Park on Highway 90. Participants should plan to

meet docents from the Friends of the San Pedro at the viewing platform in the Park at 7 a.m. for a bird walk lasting approximately two hours and a chance to win a bird identification guide.

From 9 a.m. until 2 p.m., the Public Works Department will host an open house at the Pedro Castro Government Maintenance Center at 401 Giulio Cesare. They will offer free vehicle inspections, hotdogs and sodas, prizes, and the chance to win two round-trip tickets on Great Lakes Airlines. In addition, they plan to showcase their facility and equipment they use and maintain every day, including everything from giant trucks to a helicopter.

Another special event will be held at the Visitor Center at the Convention and Visitor's Bureau, 3020 E. Tacoma Street, from 9 a.m. until 1 p.m. Attendees can browse the center and learn what attractions and events are part of the community, and can take away brochures and information to share with their future guests. There will be snacks, gifts, and the chance to win free passes to the Cove.

For additional information, call the Sierra Vista Convention and Visitors Bureau at 417-6960.

Free vehicle service offered May 20

Lawley Automotive is offering free lube/oil/filter/safety inspections for all service members, dependents and retirees on May 20 at their dealership from 8 a.m. to noon, and from 1-5 p.m., by appointment. To schedule, call 452-6900. The dealership is located at 100 N. Highway 90, Sierra Vista.